

# Brian Keats Beginners Guide for use with the 2016 Antipodean Astro Calendar

NB This guide is a help to get you started and you are encouraged to learn to understand the rhythms behind the suggestions made here. There is more than one way to work with these rhythms.

## January

BIODYNAMIC PRACTICE	
19-30th	<b>Contracting Periods:</b> descending or waning, earth or water signs <b>Activities</b> Apply horn manure, composting, transplanting, pruning, wine racking, harvesting for storage
6-18th	<b>Expanding Periods:</b> ascending or waxing, air or fire signs <b>Activities</b> Apply horn silica, planting, grafting, harvesting for early consumption
ascending going south ↓	<b>Tree Planting</b> Check Columns for Planets moving South Plant Mars, Jupiter & Saturn ruled trees

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## February

BIODYNAMIC PRACTICE	
11-23rd	<b>Contracting Periods:</b> descending or waning, earth or water signs <b>Activities</b> Apply horn manure, composting, transplanting, pruning, wine racking, harvesting for storage
1-10th & 25-29	<b>Expanding Periods:</b> ascending or waxing, air or fire signs <b>Activities</b> Apply horn silica, planting, grafting, harvesting for early consumption
ascending going south ↓	<b>Tree Planting</b> Check Columns for Planets moving South Plant Mars, Jupiter & Saturn ruled trees

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## March

BIODYNAMIC PRACTICE	
6-17th	<b>Contracting Periods:</b> descending or waning, earth or water signs <b>Activities</b> Apply horn manure, composting, transplanting, pruning, wine racking, harvesting for storage
21-31st	<b>Expanding Periods:</b> ascending or waxing, air or fire signs <b>Activities</b> Apply horn silica, planting, grafting, harvesting for early consumption
ascending going south ↓	<b>Tree Planting</b> Check Columns for Planets moving South Plant Mars, Jupiter & Saturn ruled trees

## April

BIODYNAMIC PRACTICE	
2-13th	<b>Contracting Periods:</b> descending or waning, earth or water signs <b>Activities</b> Apply horn manure, composting, transplanting, pruning, wine racking, harvesting for storage
17-28th	<b>Expanding Periods:</b> ascending or waxing, air or fire signs <b>Activities</b> Apply horn silica, planting, grafting, harvesting for early consumption
ascending going south ↓	<b>Tree Planting</b> Check Columns for Planets moving South Plant Mars, Jupiter & Saturn ruled trees

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## May

BIODYNAMIC PRACTICE	
1-10th & 27-31st	<b>Contracting Periods:</b> descending or waning, earth or water signs <b>Activities</b> Apply horn manure, composting, transplanting, pruning, wine racking, harvesting for storage
14-25th	<b>Expanding Periods:</b> ascending or waxing, air or fire signs <b>Activities</b> Apply horn silica, planting, grafting, harvesting for early consumption
ascending going south ↓	<b>Tree Planting</b> Check Columns for Planets moving South Plant Mars, Jupiter & Saturn ruled trees

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## June

BIODYNAMIC PRACTICE	
1-7th & 23-30th	<b>Contracting Periods:</b> descending or waning, earth or water signs <b>Activities</b> Apply horn manure, composting, transplanting, pruning, wine racking, harvesting for storage
11-22nd	<b>Expanding Periods:</b> ascending or waxing, air or fire signs <b>Activities</b> Apply horn silica, planting, grafting, harvesting for early consumption
ascending going south ↓	<b>Tree Planting</b> Check Columns for Planets moving South Plant Sun, Venus, Mars, Jupiter & Saturn ruled trees

## July

BIODYNAMIC PRACTICE	
1-7th & 20-31st	<b>Contracting Periods:</b> descending or waning, earth or water signs <b>Activities</b> Apply horn manure, composting, transplanting, pruning, wine racking, harvesting for storage
8-19th	<b>Expanding Periods:</b> ascending or waxing, air or fire signs <b>Activities</b> Apply horn silica, planting, grafting, harvesting for early consumption
ascending going south ↓	<b>Tree Planting</b> Check Columns for Planets moving South Plant Sun, Mercury, Venus, Mars, Jupiter & Saturn ruled trees

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## August

BIODYNAMIC PRACTICE	
1-3rd & 17-31st	<b>Contracting Periods:</b> descending or waning, earth or water signs <b>Activities</b> Apply horn manure, composting, transplanting, pruning, wine racking, harvesting for storage
9-18th	<b>Expanding Periods:</b> ascending or waxing, air or fire signs <b>Activities</b> Apply horn silica, planting, grafting, harvesting for early consumption
ascending going south ↓	<b>Tree Planting</b> Check Columns for Planets moving South Plant Sun, Mercury, Venus, Mars, Jupiter & Saturn ruled trees

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## September

BIODYNAMIC PRACTICE	
13-27th	<b>Contracting Periods:</b> descending or waning, earth or water signs <b>Activities</b> Apply horn manure, composting, transplanting, pruning, wine racking, harvesting for storage
1-12th & 28-30th	<b>Expanding Periods:</b> ascending or waxing, air or fire signs <b>Activities</b> Apply horn silica, planting, grafting, harvesting for early consumption
ascending going south ↓	<b>Tree Planting</b> Check Columns for Planets moving South Plant Sun, Mercury, Venus, Mars, Jupiter & Saturn ruled trees

## October

BIODYNAMIC PRACTICE	
10-22nd	<b>Contracting Periods:</b> descending or waning, earth or water signs <b>Activities</b> Apply horn manure, composting, transplanting, pruning, wine racking, harvesting for storage
1-9th & 25-31st	<b>Expanding Periods:</b> ascending or waxing, air or fire signs <b>Activities</b> Apply horn silica, planting, grafting, harvesting for early consumption
ascending going south ↓	<b>Tree Planting</b> Check Columns for Planets moving South Plant Sun, Mercury, Venus, Jupiter & Saturn ruled trees

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## November

BIODYNAMIC PRACTICE	
15-25th	<b>Contracting Periods:</b> descending or waning, earth or water signs <b>Activities</b> Apply horn manure, composting, transplanting, pruning, wine racking, harvesting for storage
1-10th & 26-31st	<b>Expanding Periods:</b> ascending or waxing, air or fire signs <b>Activities</b> Apply horn silica, planting, grafting, harvesting for early consumption
ascending going south ↓	<b>Tree Planting</b> Check Columns for Planets moving South Plant Sun, Mercury, Venus, Jupiter & Saturn ruled trees

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## December

BIODYNAMIC PRACTICE	
13-22nd	<b>Contracting Periods:</b> descending or waning, earth or water signs <b>Activities</b> Apply horn manure, composting, transplanting, pruning, wine racking, harvesting for storage
1-7th & 24-31st	<b>Expanding Periods:</b> ascending or waxing, air or fire signs <b>Activities</b> Apply horn silica, planting, grafting, harvesting for early consumption
ascending going south ↓	<b>Tree Planting</b> Check Columns for Planets moving South Plant Sun, Mercury, Jupiter & Saturn ruled trees